



## ACADEMIC TRAINING

### **1990-1996**

Degree in General Medicine and Surgery, awarded on June 1996, University of Barcelona, Barcelona, Spain.

### **1993-1996**

Half-time student intern, Department of Orthopaedic and Trauma Surgery, Clinic Hospital of Barcelona, Barcelona, Spain.

### **1995**

Erasmus student in practice, Department of Orthopaedic and Trauma Surgery of the University Hospital of Gent, Gent, Belgium.

### **1997-2002**

Degree by the spanish system for specialty medical training (Internal Medical Resident, MIR) in Orthopaedic and Trauma Surgery, awarded on May 2002, General Hospital of Granollers, University of Barcelona, Barcelona, Spain.

### **1998-2000**

Research sufficiency qualification awarded on October 2000 in the Surgical Doctoral Program in preparation for the doctoral degree, University of Barcelona, Barcelona, Spain.

### **2001**

Visiting clinician in the Department of Orthopaedic and Sports Medicine of the Mayo Clinic Rochester, Rochester, Minnesota, United States of NorthAmerica.

### **2002-2003**

Degree by the french system for subspecialty in Orthopaedic Surgery (Diplomature InterUniversitaire, DIU) in Arthroscopic Surgery, awarded on November 2003, University of Nancy, Nancy, France.

### **2008**

Visiting clinician in the Department of Sports Medicine and Arthroscopy of the Southern California Orthopedic Institute, Los Angeles, California, United States of NorthAmerica.



## PROFESSIONAL & TEACHING ACTIVITIES

### **2018-to present**

Partial-time orthopaedist, Foot and Ankle Unit, iMove Tres Torres Clinic, Barcelona, Spain.

### **2018-to present**

Member of the Travelling Fellowship committee of the European Foot and Ankle Society (EFAS).

### **2017-to present**

Chairman of the Research committee of the European Foot and Ankle Society (EFAS).

### **2016-to present**

Vicepresident of GRECMIP (Groupe de Recherche et d'Etude en Chirurgie Mini Invasive du Pied et de la cheville).

### **2014-to present**

Associated professor University of Barcelona.

### **2012-to present**

Member of the Research committee of the European Foot and Ankle Society (EFAS).

### **2011-to present**

Teaching committee of the GRECMIP (Groupe de Recherche et d'Etude en Chirurgie Mini Invasive du Pied et de la cheville) annual courses of Arthroscopic Surgery of Foot and Ankle (Foot and Ankle Arthroscopy).

### **2010-to present**

Partial-time orthopaedist, Foot and Ankle Unit, Hospital Quirón Barcelona, Barcelona, Spain.

### **2006-to present**

Teaching committee of the spanish annual courses of Minimally Invasive Surgery of Foot and Ankle (Foot and Ankle Arthroscopy).

### **2004-to present**

Teaching committee of the Spanish Association of Arthroscopy (AEA).

### **2013-2014.**

Full-time orthopaedist, Foot and Ankle Unit (Foot and Ankle Arthroscopy), Etzelclinic, Pfäffikon, Schwyz, Switzerland.

### **2008-2013**

Full-time orthopaedist, Department of Orthopaedic and Trauma Surgery, Arthroscopy Unit, Asepeyo Sant Cugat Hospital, Sant Cugat del Vallés, Barcelona, Spain.



**2005-2006**

Full-time orthopaedist, Department of Arthroscopy, Tres Torres Clinic and International Center for Advanced Medicine (CIMA), Barcelona, Spain.

**2004-2008**

Full-time orthopaedist, Department of Orthopaedic and Trauma Surgery, Mutualitat Nostra Senyora del Carme ("La Mútua"), Granollers, Barcelona, Spain.

**2004**

Full-time orthopaedist, Department of Orthopaedic and Trauma Surgery, Hospital of Sabadell-Parc Taulí, Sabadell, Barcelona, Spain.

**2002-2004**

Full-time orthopaedist, Department of Orthopaedic and Trauma Surgery, Hospital of Figueres, Figueres, Girona, Spain.



## PUBLICATIONS

### BOOK CHAPTERS

- Dalmau M, **Vega J**, Malagelada F, Manzanares MC. Surgical anatomy, portals and possible complications. Arthroscopy and Endoscopy of the foot and ankle: Principles & Practice. Ed. Lui TH. Springer. 2019.
- **Vega J**, Dalmau M. Arthroscopic sesamoidectomy. Arthroscopy and Endoscopy of the foot and ankle: Principles & Practice. Ed. Lui TH. Springer. 2019.
- **Vega J**, Dalmau M. Tendoscopic procedures on peroneal tendons tears. Arthroscopy and Endoscopy of the foot and ankle: Principles & Practice. Ed. Lui TH. Springer. 2019.
- Batista J, Dalmau M, **Vega J**. Posterior approach in ankle osteochondral injuries. Ankle arthroscopy. Ed. Jorge Batista. Buenos Aires, Argentina. 2017. Pp 365-374. ISBN: 978-987-3979-22-4.
- **Vega J**, Malagelada F, Dalmau M, Manzanares MC. Subtalar joint arthroscopy. Portals and technique. Ankle arthroscopy. Ed. Jorge Batista. Buenos Aires, Argentina. 2017. Pp 395-404. ISBN: 978-987-3979-22-4.
- **Vega J**, Malagelada F, Dalmau M, Manzanares MC. Endoscopic treatment of insertional Achilles tendinopathy. Ankle arthroscopy. Ed. Jorge Batista. Buenos Aires, Argentina. 2017. Pp 427-438. ISBN: 978-987-3979-22-4.
- Rabat E, **Vega J**. Morton's neurom. In: Practical pain management for the lower extremity surgeon. Ed: Stephen Barrett (DPM), First Edition. Data Trace Publishing Company, Brooklandville, Maryland, 2015. Pp 259-284. ISBN: 978-1-57400-151-8.
- Malagelada F, Dalmau M, **Vega J**, Golanó P. Elbow anatomy. In: Sport injuries. Eds: Mahmut Nedim Doral, Jon Karlsson. Springer Verlag, Berlin 2015. Pp 527-553. ISBN: 978-3-642-36570-6.
- Doral MN, Golanó P, Dönmez G, **Vega J**, Bozkurt M, Huri G, Bayramoglu A, Turhan E. Achilles tendon disorders. A comprehensive overview of diagnosis and treatment: Anatomy of the Achilles tendon. In: Karlsson J, Calder J, van Dijk CN, Mafulli N, Thermann H. Gold Edition. Surrey (UK): DJO Publications, 2014; 11-24. ISBN: 978-0-9558873-4-5.
- Malagelada F, **Vega J**, Golanó P. Orthopaedic Sports Medicine. Principles and practice: Knee Anatomy. In: DeLee & Drez's. 4th Edition. Elsevier-Saunders, Philadelphia. 2014. USA. Vol II, pp 1047-1058.
- Golanó P, Dalmau-Pastor M, **Vega J**, Batista JP. The ankle in football, sports and traumatology: Anatomy of the ankle. In: D'Hooghe PPRN, Kerkhoffs GMMJ. 1st Edition. Springer-Verlag. France 2014. pp 1-24.



- **Vega J**, Golanó P, Sanchís-Alfonso V. Arthroscopic patellar denervation for anterior knee pain. In: Sanchís-Alfonso V. 1st Edition. Atlas of the Patellofemoral Joint. Springer-Verlag. London, UK. 2013. pp183.
- Dalmau AM, **Vega J**, Golanó P. General and surgical anatomy of the triceps sural muscle. In Barouk LS, Barouk P. The gastrocnemius contracture. From the anatomy to the treatment. Sauramps Medical, France. 2012. pp 25-55.
- Golanó P, **Vega J**, Bauer T, Laffenêtre O. Bases anatomiques de l'arthroscopie de la cheville et des tendinoscopies. [Anatomical basis of the ankle arthroscopy and tenoscopies.]. In Brillhaut J, Besse JL. Monographie N° 7 Association Française de Chirurgie du Pied (AFCP) Paris (France): Sauramps Medical, France. 2011. pp 25-38.
- **Vega J**, Golanó P, Sanchís-Alfonso V. Arthroscopic patellar denervation for patellofemoral pain. In: Sanchís-Alfonso V. 2on Edition. Anterior Knee Pain and Patellar Instability. Springer-Verlag. London, UK. 2011. pp 330-334.
- Golanó P, **Vega J**, Bauer T, Laffenêtre O. Bases anatomiques de l'arthroscopie de la cheville. Installation et voies d'abord [Anatomical basis of the ankle arthroscopy. Portals.]. In Bauer T, Laffenêtre O. Arthroscopies et Endoscopies de la Cheville et du Pied. Montpellier (France): Sauramps Medical, France. 2010. pp 25-48.
- Golanó P, **Vega J**, Pérez-Carro L, Bond J, Ebert A, Caperton KS. Hip anatomy for the arthroscopist: Gross anatomy. In: Guanche CA Editor. 1st Edition Hip And Pelvis Injuries In Sports Medicine. Lippincott Williams & Wilkins, Philadelphia, USA. 2009. pp 1-12.
- **Vega J**, Aguilera JM, Golanó P. Artroscopia de tobillo y pie [Arthroscopy of the ankle and foot.]. In: Viladot A, Viladot R. 20 lecciones sobre patología del pie [20 lessons on foot pathology]. Barcelona: Ediciones Mayo, S. A., Spain. 2009. pp 209-222.
- Pérez-Carro L, **Vega J**, Golanó P. Artroscopia del pie y tobillo [Arthroscopy of the foot and ankle.]. In: Patología del pie y tobillo en el adulto [Foot and ankle pathology in adults]. Madrid: Fundación SECOT, Spain. 2007. pp 291-300.



## JOURNAL ARTICLE

- **Vega J**, Guelfi M, Heyrani N, Malagelada F, Dalmau M. Ankle microinstability. *Tech Foot Ankle Surg* 2019;18:73-79.
- Malagelada F, Stephen J, Dalmau M, Masci L, Yeh M, **Vega J**, Calder J. Pressure changes in the Kager fat pad during ankle motion and its relationship with the Achilles tendon. Possible clinical consequences to Achilles tendinopathy. *Knee Surg Sports Traumatol Arthrosc*, 2019. [Epub ahead of print].
- Dalmau M, Malagelada F, Kerkhoffs G, Karlsson J, Guelfi M, **Vega J**. Redefining anterior ankle arthroscopic anatomy: Medial and lateral ankle colateral ligaments are visible through dorsiflexion and non-distraction anterior ankle arthroscopy. *Knee Surg Sports Traumatol Arthrosc*, 2019. Doi 10.1007/s00167-019-05603-2. [Epub ahead of print].
- J Ferrero, **J Vega**, Dalmau M. Anatomia de la sindésmosis tibioperonea. *Mon Act Soc Esp Med Cir Pie Tobillo* 2019;11:3-9.
- **Vega J**, Poggio D, Heyrani N, Malagelada F, Guelfi M, Sarcon A, Dalmau M. Arthroscopic all-inside ATiFL's distal fascicle transfer for ATFL's superior fascicle reconstruction or biological augmentation of lateral ligament repair. *Knee Surg Sports Traumatol Arthroscopy*. Epub 2019 March, Doi 10.1007/s00167-019-05460-z. [Epub ahead of print].
- Guelfi M, **Vega J**, Malagelada F, Dalmau M. The arthroscopic all-inside ankle lateral colateral ligament repair is a safe and reproducible technique. *Knee Surg Sports Traumatol Arthroscopy*. Epub 2019 March 4. Doi 10.1007/s00167-019-05427-0. [Epub ahead of print].
- Malagelada F, **Vega J**, Guelfi M, Kerkhoffs G, Karlsson J, Dalmau M. Anatomic lectures on structures at risk prior to cadaveric courses reduce injury to the superficial peroneal nerve, the commonest complication in ankle arthroscopy. *Knee Surgery, Sports, Traumatology and Arthroscopy*. Epub 2019 Feb 7. doi: 10.1007/s00167-019-05373-x. [Epub ahead of print].
- **Vega J**, Vila J, Batista J, Malagelada F, Dalmau M. Letter Regarding: Endoscopic flexor hallucis longus transfer for chronic noninsertional Achilles tendon rupture. *Foot Ankle Int* 2019;40(1):122-123.
- Malagelada F, Dalmau M, Sahirad C, Manzanares MC, **Vega J**. Anatomical considerations for minimally invasive osteotomy of the fifth metatarsal for bunionette correction: A pilot study. *The Foot*. 2018 Sep;36:39-42. doi: 10.1016/j.foot.2018.02.004. Epub 2018 Mar 1.
- Malagelada F, Dalmau M, **Vega J**, Dega R, Clark C. Access to the talar dome surface with different surgical approaches. *Foot and Ankle Surgery*. 2018 Jul 18. pii: S1268-7731(18)30054-7. doi: 10.1016/j.fas.2018.06.006. [Epub ahead of print].
- Dalmau M, **Vega J**, Baltasar A, Slimani L, Belinha J, González A, Manzanares MC. Characterization of a bipartite medial cuneiform: Micro-CT and anatomical study. *Int J Morphol* 2018;36(4):1372-1377.



- Guelfi M, Dalmau M, Rabat E, Pantalone A, Salini V, **Vega J**. Arthroscopic all-inside lateral ligament repair for chronic ankle instability. *Giornale Italiano di Ortopedia e Traumatologia*. 2018;44:315-323.
- **Vega J**, Malagelada F, Manzanares MC, Dalmau M. The lateral fibulotalocalcaneal ligament complex: An ankle stabilizing isometric structure. *Knee Surgery, Sports, Traumatology and Arthroscopy*. 2018 Oct 29. Doi: 10.1007/s00167-018-5188-8. (Epub ahead of print).
- **Vega J**, Guelfi M, Malagelada F, Peña F, Dalmau-Pastor M. Arthroscopic all-inside anterior talofibular ligament repair through a three-portal and no-ankle-distraction technique. *JBJS Essential Surgical Techniques* 2018;8(3):e25. doi: 10.2106/JBJS.ST.18.00026.
- Malagelada F, Sahirad C, Dalmau M, **Vega J**, Bhumbra R, Manzanares MC, Laffenêtre O. Minimally invasive surgery for hallux valgus. A systematic review of current surgical techniques. *Int Orthop*. 2018 Sep 14. Doi 10.1007/s00264-018-4138-x (Epub ahead of print).
- **Vega J**, Montesinos E, Malagelada F, Baduell A, Dalmau M. Arthroscopic all-inside anterior talofibular ligament repair with suture augmentation provides excellent results when poor ligament-tissue remnant quality. *Knee Surg Sports Traumatol Arthrosc* 2018 Aug 20 (Epub ahead of print).
- Dalmau M, Malagelada F, Kerkhoffs GMMJ, Karlsson J, Manzanares MC, **Vega J**. The anterior tibiofibular ligament has a constant distal fascicle that contacts the anterolateral part of the talus. *Knee Surg Sports Traumatol Arthrosc* 2018 Aug 29. Doi:10-1007/s00167-018-5123-z (Epub ahead of print).
- **Vega J**, Vila J, Batista J, Malagelada F, Dalmau M. Endoscopic flexor hallucis longus transfer for chronic noninsertional Achilles tendon rupture. *Foot Ankle Int* 2018. Aug 19 (Epub ahead of print).
- **Vega J**, Dalmau M. Ankle arthroscopy: No-distraction and dorsiflexion technique is the key for ankle arthroscopy evolution. *Arthroscopy* 2018;34(5):1380-1382.
- Malagelada F, Dalmau M, Fargues B, Manzanares MC, Peña F, **Vega J**. Increasing the safety of minimally invasive hallux surgery – An anatomical study introducing the clock method. *Foot Ankle Surg*, 2018 Feb;24(1):40-44.
- **Vega J**, Baduell A, Malagelada F, Allmendinger J, Dalmau M. Endoscopic Achilles tendon augmentation with suture anchors after calcaneal exostectomy in Haglund syndrome. *Foot Ankle Int* 2018;39(5):551-559.
- Guelfi M, **Vega J**, Malagelada F, Baduell A, Dalmau M. Endoscopic treatment of peroneal tendons intrasheath subluxation: A new subgroup with superior peroneal retinaculum injury. *Foot Ankle Int* 2018;39(5):542-550.
- Dalmau M, **Vega J**, Malagelada F, Peña F, Manzanares-Cespedes MC. An anatomical study of nerves at risk during minimally invasive hallux valgus surgery. *J Vis Exp* 2018;17(132).



- **Vega J**, Allmendinger J, Malagelada F, Guelfi M, Dalmau M. Combined arthroscopic all-inside repair of lateral and medial ankle ligaments is an effective treatment for rotational ankle instability. *Knee Surgery, Sports, Traumatology and Arthroscopy*. Epub ahead of print. October 2017.
- **Vega J**, Dalmau M, Malagelada F, Fargues-Polo B, Peña F. Ankle arthroscopy: An update. *J Bone Joint Surg Am*, 2017;99:1395-1407.
- Dalmau M, Malagelada F, Kerkhoffs GMMJ, Manzanares MC, **Vega J**. X-shaped inferior extensor retinaculum and its doubtful use in the Bröstrom-Gould procedure. *Knee Surg, Sports, Traumatol Arthrosc*. Epub ahead of print. July 2017.
- Michels F, Pereira H, Calder J, Matricali G, Glazebrook M, Guillo S, Karlsson J, Acevedo J, Batista J, Bauer T, Carreira D, Choi W, Corte-Real N, Ghorbani A, Giza E, Hunt K, Kong SW Lee W, Molloy A, Mangone P, Matsui K, Nery C, Ozeki S, Pearce C, Perera A, Pijnenburg B, Raduan F, Stone J, Takao M, Tourné Y, **Vega J**. Searching for consensus in the approach to patients with chronic lateral ankle instability: Ask the expert. *Knee Surg Sports Traumatol Arthrosc*. Epub ahead of print. Apr 2017.
- **Vega J**, Redó D, Savín G, Malagelada F, Dalmau M. Anatomical variations of flexor hallucis longus tendon increase safety in hindfoot endoscopy. *Knee Surg Sports Traumatol Arthrosc*, 2017 Jun;25(6):1929-1935. Epub ahead of print. Feb 2017.
- Dalmau M, **Vega J**. Chronic errors in anatomic literature. *Foot Ankle Int*, 2017 Mar;38(3):343-345. Epub ahead of print. Dec 2016.
- Meraner D, Sternberg C, **Vega J**, Hahne J, Kleine M, Leuzinger J. Arthroscopic tenodesis versus tenotomy of the long head of biceps tendón in simultaneous rotator cuff repair. *Arch Orthop Trauma Surg*, 2016 Jan;136(1):101-106.
- **Vega J**, Peña F, Golanó P. Minor or occult ankle instability as a cause of anterolateral pain after ankle sprain. *Knee Surg Sports Traumatol Arthrosc*, 2016 Apr;24(4):1116-1123.
- **Vega J**, Golanó P, Peña F. Iatrogenic articular cartilage injury during ankle arthroscopy. *Knee Surg Sports Traumatol Arthrosc*, 2016 Apr;24(4):1304-1310.
- Batista JP, Del Vecchio JJ, Golanó P, **Vega J**. Flexor digitorum accessorius longus: Importance of posterior ankle endoscopy. *Case Rep Orthop*, 2015:823107.
- Dalmau M, Fargues-Polo B, Casanova D, **Vega J**, Golanó P. Anatomy of the triceps surae: A pictorial essay. *Foot Ankle Clinics North Am*, 2014; 19(4):603-636.
- **Dalmau M, Ruiz-Escobar P, Sanchez-Mercé J, Vega J, Golanó P. Extensor apparatus of the lesser toes: Anatomy with clinical implications. A pictorial essay. Foot Ankle Int**, 2014;35(10):957-969.
- Vilá J, **Vega J**, Mellado M, Ramazzini R, Golanó P. Hindfoot endoscopy for the treatment of posterior ankle impingement syndrome. A safe and reproducible technique. *Foot Ankle Surg* 2014;20:174-179.





- **Dalmau M, Vega J, Golanó P. Anatomy of the hip joint and how it is related to groin pain. *Aspetar. Sports Medicine Journal* 2014; 3(2):400-407.**
- **Vega J, Rabat E. Novedades en inestabilidad crónica de tobillo. *Innovations in chronic ankle instability*. *Rev Pie Tobillo* 2013;27(2):71-79.**
- **Vega J, Golanó P, Pellegrino A, Rabat E, Pena F. All-inside arthroscopic lateral collateral ligament repair for ankle instability with a knotless suture anchor technique. *Foot Ankle Int*, 2013; 34(12): 1701-1709.**
- **Vega J, Redó D, Pellegrino A. Endoscopia de los tendones peroneos. *Endoscopy of the peroneal tendons*. *Rev Pie Tobillo* 2013; 5: 57-66.**
- Golanó P, **Vega J**. Ankle sprain: Diagnosis and therapy starts with knowledge of anatomy. *Aspetar. Sports Medicine Journal* 2013; 2(2):234-242.
- **Vega J, Batista JP, Golanó P, Dalmau A, Viladot R. Tendoscopic groove deepening for chronic subluxation of the peroneal tendons. *Foot Ankle Int* 2013; 34(6):832-840.**
- **Vega J, Golanó P, Batista JP, Malagelada F, Pellegrino A. Tendoscopic procedures associated with peroneal tendons. *Tech Foot and Ankle* 2013; 12(1):39-48.**
- Golanó P, **Vega J**. Comment on “Complications in ankle arthroscopy”: Anatomy, an important factor to avoid complications related to ankle arthroscopy. *Knee Surg Traumatol Arthrosc* 2013;21(7):1708-1709.
- Ramazzini JR, **Vega J**, Hernández R, Redó D, Franco R, Dalmau A. Tratamiento de las lesiones osteocondrales de astrágalo mediante injerto osteocondral autólogo: ¿Influye la localización de la lesión en el resultado?. *Rev Pie Tobillo* 2012; 26(2): 34-42.
- **Vega J, Golanó P, Dalmau A, Viladot R. Tendoscopic treatment for intrasheath subluxation of the peroneal tendons. *Foot Ankle Int* 2011; 32(12): 1147-1151.**
- Pérez-Carro L, Golanó P, Escajadillo NF, **Vega J**, Vallejo MR, Rubin CG. Arthroscopic subtalar arthrodesis: The posterior approach in the prone position. *Tech Foot Ankle Surg* 2011; 10(3): 127-132.
- Pérez-Carro L, Golanó P, **Vega J**, Escajadillo NF, Rubin CG, Cerezal L. The ligamentum capitis femoris: Anatomic, Magnetic Resonance and Computed Tomography study. *Hip Int* 2011; 21(3): 367-372.
- Dalmau A, Franco R, Codina D, **Vega J**. Síndrome compartimental en el pie. *Rev Ortop Traumatol* 2011; 55(3): 235-240.
- Golanó P, **Vega J**, de Leeuw PAJ, Malagelada F, Manzanares MC, Götzens V, van Dijk CN. Anatomy of the ankle ligaments: A pictorial essay. *Knee Surg Traumatol Arthrosc* 2010; 18(5): 557–569. 18(2): 254–257.



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- García-Bordés L, Jiménez-Potrero M, **Vega J**, Yunta A. Opening first metatarsal osteotomy and resection arthroplasty of the first MPJ in the treatment of first ray insufficiency associated with degenerative hallux valgus. *Foot Ankle Surg* 2010; 16(3): 254–257.
- **Vega J**, Golanó P, Dalmau A, Alvarez F, Viladot R. Tendoscopy of foot and ankle. Anatomical basis and indications. *Chir Piede* 2010; 34(3): 163–170.
- Golanó P, Calvo A, **Vega J**, Sarasquete J, Pérez-Carro L, Arce G. Liberación endoscópica del nervio supraescapular: Aportaciones anatómicas. *Artroscopia* 2010; 17: 63-76.
- Franco R, **Vega J**, Pérez M, Redó D, Ramazzini JR, Dalmau A. Resultados del tratamiento artroscópico del pinzamiento blando de tobillo. *Rev Pie Tobillo* 2010; 24(2): 24-29.
- **Vega J**, Cabestany JM, Golanó P, Pérez-Carro L. Endoscopic treatment for chronic Achilles tendinopathy. *Foot Ankle Surg* 2008; 14: 204–210.
- **Vega J**, Marimón J, Golanó P, Pérez-Carro L. Dolor fémoro-rotuliano. Tratamiento mediante denervación rotuliana artroscópica. *Rev Ortop Traumatol* 2008; 52: 290-294.
- **Vega J**, Palacín A, Maculé F, Lozano L, Golanó P, Pérez-Carro L, García-Die A. Localización de los receptores de dolor en el tejido blando perirrotuliano. Estudio inmunohistoquímico. *Cuadernos de Artroscopia* 2008; 15(35): 8-13.
- Pérez-Carro L, **Vega J**, Golanó P, Casas D, Sumillera M, Alfonso A. Artroscopia del compartimento periférico de la cadera. *Cuadernos de Artroscopia* 2008; 15(34): 33-40.
- **Vega J**, Marimón J, Pérez-Carro L, Golanó P, Sánchez S, Aguilera JM. Meniscectomía lateral artroscópica aislada en pacientes menores de 50 años. Factores que afectan el resultado clínico-funcional. *Avances* 2008; 38(4): 173-178.
- Pérez-Carro L, Golanó P, **Vega J**. Arthroscopic subtalar arthrodesis: The posterior approach in prone position. *Arthroscopy* 2007; 23(4): 445.e1-445.e4.
- Pérez-Carro L, Golanó P, **Vega J**. Arthroscopic assisted reduction and percutaneous external fixation of lateral condyle fractures of the humerus. *Arthroscopy* 2007; 23(10): 1131.e1-1131.e4.
- Golanó P, **Vega J**, Pérez-Carro L, Götzens V. Ankle anatomy for the arthroscopist. Part II: Role of the ankle ligaments in soft tissue impingement. *Clin N Am* 2006; 11: 253-273.
- Golanó P, **Vega J**, Pérez-Carro L, Götzens V. Ankle anatomy for the arthroscopist. Part I: The portals. *Clin N Am* 2006; 11: 275-296.
- Pérez-Carro L, Golanó P, **Vega J**, Cabestany JM. Innovations in arthroscopic management of basal joint arthritis of the thumb. Technical note. *Arthroscopy* 2006; 22(12): 1361.e1-1361.e4.



- **Vega J**, Golanó P, Pérez-Carro L. Electrosurgical arthroscopic patellar denervation. Technical note. *Arthroscopy* 2006; 22(9): 1028.e1-1208.e3.
- **Vega J**, Golanó P, Martínez M, Pérez-Carro L, de Prado M. Neuropatías compresivas de tobillo y pie. Bases anatómicas. *Ortho-tips* 2006; 2(4): 305-320.
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- Golanó P, **Vega J**, Ramírez MA, Pérez-Carro L, Mariani PP. Portales en artroscopia de tobillo. Bases anatómicas. *Cuadernos de Artroscopia* 2005; 12(23): 58-68.
- Golanó P, Sáenz I, Ramírez MA, **Vega J**, Pérez-Carro L, Cugat R. Anatomie arthroscopique de l'épaule. *Rev Chir Orthop* 2004; 90(8): 29-34.
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## FUTURE PUBLICATIONS

Dalmau M, **Vega J**. Ankle distraction arthroscopy: A technique with limited indications in current practice. *Arthroscopy*. Accepted. In press.

**Vega J**, Malagelada F, Karlsson J, Kerkhoffs GM, Guelfi M, Dalmau M. A constant arthroscopic examination of the anterior ankle compartment can be described in dorsiflexion and non-distraction technique. *Knee Surg Sports Traumatol Arthroscopy*. In revision process.

**Vega J**, Malagelada F, Dalmau M. Arthroscopic all-inside ATFL and CFL repair is feasible and provides excellent results in patients with chronic ankle instability. *Knee Surg Sports Traumatol Arthroscopy*. In revision process.

Cordier G, Lebecque J, **Vega J**, Dalmau M. Arthroscopic ankle lateral ligament repair with biological augmentation gives excellent results in case of chronic ankle instability. *Knee Surg Sports Traumatol Arthroscopy*. In revision process.

Guelfi M, Dalmau M, Mirapeix RM, **Vega J**. Gross anatomy of subtalar joint. *Ankle arthroscopy*. Ed. Societa Italiana d'Artroscopia. In print process.

Dalmau M, Guelfi M, Malagelada F, **Vega J**. Gross anatomy of the ankle joint and hindfoot. *Ankle arthroscopy*. Ed. Societa Italiana d'Artroscopia. In print process.

Guelfi M, **Vega J**, Malagelada F, Guelfi M. Ankle fusion using screws. *Ankle arthroscopy*. Ed. Societa Italiana d'Artroscopia. In print process.

**Vega J**, Montesinos E, Malagelada F, Guelfi M, Baduell A, Dalmau M. Microinstability of the ankle. Lateral ankle instability: An international approach by Ankle Instability Group. Ed. ESSKA-AFAS. In print process.

**Vega J**, Batista J, Pereira H, Malagelada F, Dalmau M. Arthroscopic repair. The arthroscopic all inside knotless option. Lateral ankle instability: An international approach by Ankle Instability Group. Ed. ESSKA-AFAS. In print process.

Dalmau M, Kerkhoffs GMMJ, Kennedy JG, Karlsson J, Michels F, **Vega J**. Anatomic perspective on the role of inferior extensor retinaculum in lateral ankle ligament reconstruction. Lateral ankle instability: An international approach by Ankle Instability Group. Ed. ESSKA-AFAS. In print process.



## OTHER INTERESTS

### AWARDS

Pau Golanó Award for the Best scientific picture, for the picture entitled: "Endoscopic anatomy of the subtalar joint." Dalmau M, **Vega J**. Zaragoza, Spain. May 2018.

Award for the Best paper for: "Safety percutaneous osteotomy of the fifth metatarsal for bunionette correction. The clock method." Malagelada F, Dalmau M, Manzanares MC, **Vega J**. 4th GRECMIP Congress. Barcelona, Spain. July 2015.

Award for the Best Paper published in the journal "Knee Surgery, Sports Traumatology and Arthroscopy", for the manuscript entitled: "Anatomy of the ligaments: A pictorial essay." Golanó P, **Vega J**, de Leeuw PAJ, Malagelada F, Manzanares MC, Götzens V, van Dijk CN. Knee Surg Traumatol Arthrosc 2010; 18(5): 557–569. 15th Congress of the European Society of Sports Traumatology, Knee Surgery and Arthroscopy. Geneva, Switzerland. May 2012.

Award for the Best Paper for: "Fractura de tobillo y artroscopia. ¿Cómo y por qué?". **Vega J**, Golanó P, Dalmau A. IX Congress of the Spanish Society of Trauma Work. Barcelona, Spain. October 2009.

Award for the Best Paper for: "Variaciones morfológicas de los cuernos meniscales anteriores. Estudio artroscópico." Cabestany JM, **Vega J**, Golanó P, Pérez-Carro L. XXIII Congress of the Spanish Association of Arthroscopy. Sitges, Barcelona, Spain. May 2005.

### GRANDS

Erasmus grant for International rotation in the University Hospital of Gent, Gent, Belgium.

SCCOT grant for International rotation in the Mayo Clinic Rochester, Rochester, Minnesota, United States of NorthAmerica.

AEA grant for Research project. "Patellar denervation for patello-femoral pain treatment. Peripatellar soft tissue injury. Immunohistochemical study for pain receptors location."

### WORKING GROUPS

Collaboration in research projects at the Laboratory of Arthroscopic and Surgical Anatomy. Department of Pathology and Experimental Therapeutics (Human Anatomy Unit), University of Barcelona, Barcelona, Spain. From 2002 to 2015. Then I became associated profesor in the University of Barcelona.

Member of the Ankle Instability Group.



## BOARD MEMBER

Board member of the GRECMIP society (Groupe de Recherche et d'Etude en Chirurgie Mini Invasive du Pied et de la cheville):

- Board member of the GRECMIP society, working in the area of foot and ankle arthroscopy.

Editorial board member of the next journals:

- BMC Musculoskeletal Disorders. In the Section of Orthopedics and Biomechanics. Impact factor 1.88
- Journal of Minimally Invasive Orthopedics. In the Section of Foot and Ankle pathology.

Reviewer board member of the next journals:

- BMC Musculoskeletal Disorders.
- Journal of Minimally Invasive Orthopedics.
- American Journal of Sports Medicine.
- Knee Surgery, Sports Traumatology and Arthroscopy.

## SCIENTIFIC SOCIETIES

European Society of Sports traumatology, Knee surgery and Arthroscopy (ESSKA).

Member of the foot and ankle group (ESSKA-AFAS).

**European Foot & Ankle Society (EFAS).**

Groupe de Recherche et d'Etude en Chirurgie Mini Invasive du Pied et de la cheville (GRECMIP).

**Spanish Association of Arthroscopy (AEA).**

**Spanish Society of Foot and Ankle Medicine and Surgery (SEMCPPT).**