



EDUARD RABAT M.D.

PROFESSIONAL POSITION

- Chief of the Foot and Ankle Unit .Hospital QUIRON Barcelona
- Foot and Ankle Clinic. Private practice in the city of Terrassa
- President of the Scientific Committee of GRECMIP
- Member of the GRECMIP board (International relationships area)
- Member of the Spanish Foot and Ankle Society (SECMPT) board.
- Member of "Barcelona Foot and Ankle group" board(GPT)
- Foot and Ankle consultant Mutua Egarsat.Terrassa
- Member of the "EFAS" Scientific Comitee.

PROFESSIONAL ADDRESS

- **Hospital Quiron**
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EDUCATION

- **1956.** Born in Barcelona (Spain)
- **1964-1972.** Escoles Pies Sarrià (High School Equivalent).
Barcelona . Spain.

- **1980.** Graduated in Medicine and Surgery. University of Barcelona.
- **1979-1981** Residency in Orthopaedic surgery Hospital de San Rafael. Barcelona. (Prf. Antonio Viladot Pericé)
- **1981-84** Medical resident opposition Service ;Trauma and Orthopaedics Hospital Mutua de Terrassa.
- **1982.** Specialist in Orthopaedic Surgery and Traumatology. University of Barcelona
- **1977-1992** Active member of the Prof. Antonio Viladot team being His personal assistant during most of this time.

OTHERS

- **2006.** Fellowship in Arizona (USA) with Dr. Stephen Barrett (PMD). In Diabetic foot surgery and Endoscopic surgery.
- February **2012:** Stage with L.S & P. Barouk, focused in Scarff osteotomy and mini-invasive gastrocnemius release.

LANGUAGES: Spanish, Catalan, English, French, Italian.

WORKING ACTIVITIES

- **1976-1979** : Intern student in the Department of Orthopedics and Traumatology Clinic of Santa Fe de Sabadell.
- **1979-1981** : Volunteer Medical Assistant in the Department of Orthopaedic surgery in Hospital de Sant Rafael , Barcelona (Prof. A. Viladot Pericé).
- **1976-1979** : Center for Experimental Surgery of the "Mutual Sabadellenca" in active participation in many works performed at this center.
- **1980-1981** : Assigned to the Service of Traumatology and Orthopaedics of the "HOSPITAL MILITAR DE ZARAGOZA" (Military Service).
- **1981-1984:** Medical Resident opposition Service by Trauma and Orthopaedics "Hospital Mutua de Terrassa".
- **1982 -1992** : Active member of the team Orthopaedic

Surgery and Traumatology , Prof. Antonio Viladot Pericé . "Clínica Tres Torres" , Barcelona.

- **1984** :Member of the Emergency Medical Service of Traumatology and Orthopaedics. "Hospital Germans Trias i Pujol", Badalona, Spain. (Prof. Navarro Quilis)
- **1984 - 2005** : Member of the Service of Orthopaedic Surgery and Traumatology of the "Hospital General de Catalunya", Sant Cugat del Vallès, Barcelona, Spain.
- **1985-2003**: Responsible for the care of Pediatric Orthopaedic area and Neonatal, "Hospital General de Catalunya", Sant Cugat del Vallès, Barcelona, Spain.
- **1985-2003** :Responsible of Foot and Ankle surgery Unit. "Hospital General de Catalunya" ,Sant Cugat del Vallès, Barcelona, Spain.
- **1990**: Director of the Foot and Ankle Clinic of Dr Eduard Rabat Ribes.(Private Professional activity to the city of Terrassa) **(Current)**
- **2003-2007**:Head of Foot and Ankle Surgery Unit." Hospital General de Catalunya" ,Sant Cugat del Vallès, Barcelona, Spain.
- **2003-2007**: Head of Newborn and Children Orthopaedics Unit. "Hospital General de Catalunya" ,Sant Cugat del Vallès, Barcelona, Spain.
- **2005- 2007**:Head of Orhandopaedic and Traumatology Surgery Service. "Hospital General de Catalunya" ,Sant Cugat del Vallès, Barcelona, Spain.
- **2005-2007** : Responsible of the Foot & Ankle Endoscopic Surgery Unit." Hospital General de Catalunya" ,Sant Cugat del Vallès, Barcelona, Spain.
- **2007**- Head of Hospital Quiron Barcelona Foot and Ankle Unit. **(Current)**

PROFESSIONAL MEDICAL ORGANISATIONS AND

INTERNATIONAL COMITEES

- President of the Scientific Comitee of G.R.E.C.M.I.P.
- Responsible of International Relationships of G.R.E.C.M.I.P.
- Member- Founder of "Grupo Pie Tobillo-Grup Peu Tormell-Foot and Ankle Club Barcelona (GPT-FAC-BCN)
- Member of "Group de Recherche et d'Evaluation en Chirurgie Mini Invasive du Pied" (G.R.E.C.M.I.P).
- Member of Group TALUS , dedicated on foot and ankle surgery in the Group d'Études pour la Chlirurgie Osseuse (G.E.C.O).
- Member of Editorial board of the "Revista española de cirugia de pie y tobillo" and "Boletin de la Sociedad Española de Pie y Tobillo".
- Member of "Sociedad Española de Cirugia del Pie y del Tobillo ".(S.E.M.C.P.T). Board
- Member of "Academia de Ciències Mèdiques de Catalunya i Balears". Since 1975.
- Member of "Sociedad Española de Cirugia del Pie y del Tobillo."(S.E.M.P.T).Since 1980.
- Member of "European Foot and Ankle Society". (E.F.A.S)
- Member of "European Foot and Ankle Society". (E.F.O.R.T)
- Member of " Sociedad Española de Cirugia Ortopédica y Traumatologia. (SE.C.O.T) .Since 1988
- Member of " Societat Catalana de Cirurgia Ortopedica y Traumatologia. (S.C.C.O.T)
- Member of "Institut d'Estudis de Medicina de Muntanya". (I.E.M.M)
- Member of the EFAS (Euroepan Foot and Ankle society)
Scientific Committee
Member of E.F.O.R.T.

MEETING ORGANIZING RESPONSABILITIES

Chairman and director of the event

- **October 2005** :Endoscopic Surgery "Primeras jornadas de cirugia endoscópica de pie y mano & Cirugia de la Neuropatia diabetic. (Hospital General de Catalunya, Sant Cugat del Vallès, Barcelona)

- **October 2006:** Theoretical-Practical Course “Endoscopic Foot Surgery”. International University of Catalunya (UIC)-Hospital General de Catalunya(HGC),.
- **May 2009:** President of the 31 th National Congress of the Spanish Society of Medicine and Surgery Foot and Ankle (SEMCPT) (Barcelona, Spain)
- **2009-2012:** Member of the Scientific Committee of the Annual Congress of Spanish Society of Medicine and Surgery Foot and Ankle Society (SECMPT)
- **2008-2012:** Member of the Organizing and Scientific Committee of the “Curso de enfermedades de los pies A.Viladot” (Barcelona, Spain)
- **2011:** Member of the Scientific Committee on the “3d International Congress of Minimally invasive foot and ankle surgery” .GRECMIP.(Brugge,Belgium)
- **2012:** Member of the Scientific Committee on the “4th International Congress of Minimally Invasive foot and ankle surgery” GRECMIP.(Barcelona ,Spain)
- **2012 Director and chairman of the “Advanced Forefoot Integra international course. Issues, complications and solutions”** in Hospital Quirón Barcelona 27-28 September2012.
- **2013 Host Faculty in the Biomet course : “XX anniversary of scarf introduction in Europe”** Hospital quirón Barcelona
- **2013 : INTEGRA course in Poitiers , France. Percutaneous surgery**

FELLOWSHIP DIRECTOR

- **October-november 2005:** Director-Tutor FELLOWSHIP EN CIRURGIA MINIMAMENTE INVASIVA APLICADA A LA CIRUGIA ORTOPEDICA. (Mini-invasive surgery of foot and ankle.)

(Dr. Felipe-Enrique Vázquez.Guanajuato.Mexico)

- **Since 2007** as a member of GPT-FAC-BCN , training of Orthopaedic Surgery specialists (fellowships) in Mini-invasive surgery of foot and ankle.
- **November 2007- January 2008:** Director-Tutor FELLOWSHIP EN CIRUGIA MINIMAMENTE INVASIVA APLICADA A LA CIRUGIA DEL PIE . (Mini-invasive surgery of foot and ankle.)
Dr.Luis Hermida.(Mexico DF)
- **September 2009-January 2010** :Director-Tutor FELLOWSHIP EN CIRUGIA MINIMAMENTE INVASIVA APLICADA A LA CIRUGIA DEL PIE (Mini-invasive surgery of foot and ankle.)
Dr J.R Garcia Perez.(Hospital Torrecardenas.Almeria)
- **October 2010-March 2011:** Director- Tutor FELLOWSHIP EN CIRUGIA MINIMAMENTE INVASIVA APLICADA A LA CIRUGIA DEL PIE . (Mini-invasive surgery of foot and ankle.)
Dr. Adrien Ray (Cantonal Hospital. Genève)

..... we receive fellows from all around , specially South America ,Europe, Switzerland , Spain, Morocco, etc..

COMMUNICATIONS & SCIENTIFIC PRESENTATIONS

- **May 2006:** Speaker. "28th National Congress of the Spanish Society of Medicine and Surgery Foot and Ankle (SEMCP) Spanish-American Congress."(Córdoba, Spain).
 - "Correction of equinus by endoscopic gastrocnemius lengthening" .
 - "Treatment of plantar fasciitis by Fasciotomy Endoscopic subtotal".
 - "Treatment of Morton's neuroma by Endoscopy: Endoscopic Section intermetatarsal ligament. Barrett technique".
- **December 2006** : "Journé d'hiver", Société Française de Médecine et de Chirurgie du Pied. (École du Val-de Grace.Paris).

- "Traitement chirurgical de la maladie de Morton par technique endoscopique" ,
- **March 23, 2007:** Session on Applications clinical Cell Therapy in Orthopaedic Surgery. (Mutua Egarsat, Terrassa, Barcelona)
 - "Experience of using platelet rich plasma in ankle arthrodesis."
- **May 2007:** International Training assistance "Ankle Arthrosis: Tar, Focus on the Prosthesis Hintegra "
- **June 2007:** Speaker. " 1st International Congres of Mini-Invasive Foot and Ankle Surgery". GRECMIP (Arcachon-Bordeaux, France)
 - "Plantar fasciitis: Endoscopic Plantar Fasciotomy, our experience in more than 50 cases".
 - "Endoscopic decompression of Morton's neuroma".
 - "Endoscopic gastrocnemius-release in association with surgery of flat foot Kallix endorthesis (surgical note)".
- **Juny 2007:** Speaker." 29th Congres of the National Spanish Society of Medicine and Surgery Foot and Ankle (SEMCPT). Spanish-Luso Congres". (Santiago de Compostela, Spain)
 - "Treatment of chronic plantar fasciitis with Fasciotomy Endoscopic subtotal. Our Partner-Review first 50 cases".
 - "Primary osteoarthritis central Lisfranc joint. Review of treatment by selective arthrodesis".
- **February 2008:** Speaker."Cursos Prácticos sobre Técnicas actuales en Cirugia del Pie".
 - "Fascitis plantar. Espolon calcáneo.Tratamiento percutáneo y endoscópico".
- **March 2008:** "II Jornada en Cirugia del Pie y Tobillo.Sesión quirúrgica:Artrodesis de tobillo con clavo retrógrado."
- **May 2008:** Moderator.XXI Congres of Societat Catalana de Cirurgia Ortopédica i Traumatologia.(S.C.C.O.T.)

- Hallux Valgus round table.
- **May 2008:** XXX Congreso Nacional de la Sociedad Española de Cirugía del Pie y Tobillo (SEMCPT) (Tenerife, Canary Islands, Spain)
 - "Alargamiento endoscópico del gastrocnemio, resultados después de tres años de experiencia".
 - *Poster* "Quiste sinovial intraóseo afectando el maleolo interno y la articulación del tobillo".
 - *Poster* "Fractura de cuboides post fasciotomía parcial endoscópica"
- **May 2009:** Speaker. XXVII Congreso of the Spanish Arthroscopic Association. (AEA) (A Coruña, Spain)
 - "Endoscopia del pie. Nuestra experiencia"
- **Octubre 2009:** Congres of the Spanisch Society of Ortopaedics and Traumatology Surgery. (S.E.C.O.T). (Valencia, Spain)
- **February 2009:** "VI Seminario Andaluz de Cirugía del Pie y Tobillo". (Sevilla, Spain)
 - "Clinical case presentation".
- **June 2009:** Speaker. "XXI National Congress of the Spanish Society of Medicine and Surgery Foot and Ankle" (SEMCPT) (Barcelona, Spain)
 - "Tratamiento miniinvasivo de la ruptura del tendón de Aquiles asociada al alargamiento endoscópico del gastrocnemio"

ACTIVITIES AS A FACULTY (LECTURES BY INVITATION)

- 2000-2001: Teaching Assistant professor.
Diploma of Physiotherapy. Universitat Internacional de Catalunya (UIC).

- October 2005 Director and speaker:
"PRIMERAS JORNADAS de **CIRUGIA ENDOSCOPICA DEL PIE Y DE LA MANO Y NEUROPATIA DIABETICA**. (Hospital General de Catalunya, Sant Cugat del Vallès, Barcelona, Spain)"
- October 2006: Director-profesor
I CURSO TEORICO-PRÀCTICO DE **CIRUGIA ENDOSCOPICA DEL PIE**. Universitat Internacional de Catalunya (UIC)-Hospital General de Catalunya (HGC)
- 2006-2007: Professor
"Postgrado de Podologia Deportiva" (Universidad de Barcelona)
Lecture: "**Lesiones tendinosas en el pie del deportista**"
- March 23, 2007: Guest speaker
"Symposium of Podiatry " organized by "Col.legi oficial de podòlegs de Catalunya".
Lecture: "**Endoscopic Surgery Morton's neuroma and plantar fasciitis.**"
- May 2007: Guest speaker
XXXVIII CURSO DE ENFERMEDADES DE LOS PIES "A.VILADOT." Monographic Course UAB PhD (Hospital of Saint Raphael)
Paper : "**Morton's neuroma. Endoscopic treatment.** "
- Setiembre 2007: Guest speaker at GRECMIP
"Cours pratique de **chirurgie per-cutanéé de l'avant-pied et endoscopies articulaires et extra-articulaires du pied**".
(Bordeaux- France.)
- October 17, 2007: Guest-Speaker
"Asepeyo Symposium in Traumatology". (Clinica Asepeyo, Sant Cugat del vallès, Spain)
Lecture: "**Advances in foot traumatology**".
- November 2007: Speaker
"Course of Foot and ankle surgery" (Manresa, Barcelona)
Lectures: **The Diabetic Foot in Orthopaedic Surgery. Miscellaneous.**
Case reports: "**Talus Osteochondritis**", "**peripheral nerve decompression.**"

- January 2008: Faculty
"Cirugía Percutanea del pie" Director : Dr. Mariano de Prado
Lecture : "**Endoscopic treatment of plantar fasciitis**"
- 25 abril 2008: Professor
"Master Universitario en Traumatología del deporte".
Universitat de Brclona.(UB)
Lecture: "**Pie y deporte**".
- June 2008: Faculty
9th EFORT Congres (Nice.France)
Sesion ExMex: "**Acquired flat foot**"
Workshop: "**Acquired flat foot**"
- September 2008: Faculty
"Cours pratique **per-cutanée de l'avantpied et endoscopios articulaires et extraarticulaires du pied**".
G.R.E.C.M.I.P (Hopital Chu.Bordeaux, France)
- Novembre 2008: Faculty
"I Curso de postgrado Universitat Barcelona." "Vias de abordaje y técnicas quirúrgicas en cirugía del pie y tobillo".
Lecture: "**Foot endoscopy**"
- Feb 2009: Faculty
"First International forefoot percutaneous Surgery" .École Européene de Chirurgie .Paris.
Lecture : "**Fifth ray deformities**"
- April 2009:
Faculty
"II International Congres of Mini-Invasive Foot and Ankle Surgery. (MISFAS) Director : Dr.Mariano de Prado (Murcia, Spain)

Round Table:

"Cirugía mini invasiva en la metatarsalgia y deformidades digitales : Neuroma de Morton"

"Complications in mini invasive surgery of foot and ankle" : "Learning curve complications"

Live surgery (Arthroscopy and Endoscopy)

"Morton endoscopy case"

Free communications :

“Tratamiento de la ruptura aguda del tendón de Aquiles mediante sutura mínimamente invasiva asociada a un alargamiento endoscópico del gastrocnemio”.

“Tratamiento de la fascitis plantar mediante Fasciotomía parcial Endoscópica”.

“Endoscopic Gastrocnemius recession”

- May 2009: Professor
“Cadaver course Chirurgie Percutanée de l’avantpied”.S.M.A.C.O.T (Société Marroquin de Chirurgie Orthopédique et Traumatologie) - G.R.E.C.M.I.P. Faculty of Pharmacy, (Fés, Morocco)
- May 2009:Professor
“Curso de Enfermedades de los pies A. Viladot”. Curso Doctorado Universidad Barcelona(UB).
- September 2009. Faculty
“3d International Live Arthroscopy Festival”.(Portoroz. Eslovenia.)
Live surgery” Morton Neuroma.Endoscopic treatment”.
- Sept 2009: Enseignant et maitre de stage
“Cours Annuel de chirurgie mini invasive du pied et la cheville” (Bordeaux .France) GRECMIP
“Chirurgie percutanée de l’avant pied. 5ème rayon”
“Endoscopies articulaires et extra-articulaires du pied”.
- November 2009: Speaker
XXXII Congreso de la Societat Ibérica de Biomecánica y Biomateriales. (Palma de Mallorca. Spain
Lecture: ***“Algoritmo de tratamiento del Hallux Valgus”.***
- November 2009:Faculty
II Curso de Post-Grado de la Universidad de Barcelona. “Vias de abordaje y técnicas quirúrgicas en cirugía del pie y tobillo”. (Barcelona, Spain
Lecture : ***“Técnica del Chevron Percutaneo para la corrección del Hallux Valgus.”***

- November 2009: Speaker
 "Simposio de Cirugia del Pie y Tobillo. Actualizaciones en patologia tendinosa del pie y tobillo. "
Lecture: "Sección Endoscopica del Gastrocnemio"
- December 2009: Speaker
 Congres anual of the "Societé Française d'Arthroscopie (S.F.A)"
 Deauville. G.R.E.C.M.I.P
Session, Lecture, Table ronde:
"Actualites sur le tendon calcaneén".
"Allongement Endoscopique de la chaine posterieur"
- 17-18 December 2009 : Faculty
 Cours Avance du GRECMIP: "Traitement chirurgical miniinvasif des metatarsalgies. Syndrome du 2eme rayon et maladie du Morton". Director : JY Coillard (Lyon, France)
Lectures:
"Allongement myo aponéurotique endoscopique".
"Classification et indications de la maladie de Morton pour le traitement chirurgical MI (mini-invasive)".
"La Neurolyse endoscopique". "Résultats, complications et récives."
- January 2010: Speaker
 "34 Réunion Élargie du perfectionement en Chirurgie Orthopédique et traumatologique". GECCO (Group d'Études pour la Chirurgie Osseuse) Group d'especialité TALUS. (Les Arcs. France)
Lectures:
"Classification et indications de la maladie de Morton . Traitement chirurgical Endoscopie".
"Traitement Chirurgicale de la Fasciite Plantaire"
- January 2010: Faculty
 "Curso de Cirugia Percutánea. Universidad Barcelona". Director: Dr. Mariano De Prado
Lecture :
"Fascitis plantar .Espolon calcáneo-Tratamiento percutáneo y endoscópico".
- April 2010: Speaker
 "32 Congress of the Spanish Foot and Ankle Society SECMPT. (Sevilla, Spain)
"Osteotomia en chevron percutanea"

"Clinical case presentation"

- April 2010 Professor
"Postgrado de Podologia Deportiva"(Universidad de Barcelona)
"Lesiones tendinosas en el pie del deportista"
- May 2010: Faculty
"15th Panarabic/28th SMACOT Congress" (Marrakesh, Morocco)
Instructional lectures :
"Foot Endoscopy"
"Surgical treatment of Adult Flat Foot"
- May 2010 : Faculty and member of the Organizing committee
"XLI Curso de Enfermedades de los pies .A.Viladot"
Lectures :
"Surgical treatment of the Diabetic Neuropathy"
"Endoscopic treatment of Plantar Fasciitis"
- May 2010 :
"GRECMIP–SFA(Societeé Francaise d'Arthroscopy)-EEC
International Cadaver Lab course and Live surgery Festival ."
Lectures :
***"Gastrocnemius ,plantar fasciitis and Morton
endoscopy"***
Whork shop in cadaver lab : ***"Gastrocnemius and Morton
endoscopy"***
Live Surgery Festival :
"Gastrocnemius lengthening"
"Endoscopic Morton treatment"
- September 2010: Faculty
"Cours Annuel de Chirurgie Mini invasive du pied et la
Cheville". GRECMIP .(Bordeaux. France)
Lectures:
***"Decompression endoscopique du nerf plantaire comun.
Fasciite plantaire et allongement triceps sural"***
Workshop sur preparation anatomique cryopreserve.(Cadaver
lab)
"Chirurgie percutanée du 5eme rayon"
- September 2010: Faculty speaker
8th International Congress of the EFAS"(Genève,
Switzerland).
"Symposium in Minimally invasive Surgery"
Lecture: "Endoscopic release for Morton's"

- November 2010 : Faculty
 "Curso Teorico práctico .Técnicas quirúrgicas y vías de abordaje en cirugía del pie" Director Dr. X. Martin
Lectures:
"Endoscopic surgery of the foot (In Morton, Plantar Fascia and Gastrocnemius)"
"Percutaneous chevron osteotomy"
- November 2010: Speaker
 "Symposium de pie y tobillo" Directores Dr. Asunción y Dr. P. Fernandez de Retana
Lectures :
"Percutaneous Chevron Osteotomy"
"Clinical case presentation"
- December 2010: Speaker
 "Congres Annuel de la Societéé Francaise du Medecine et Chirurgie du Pied(S.F.M.C.P) (Paris, France)
Lectures:
"Chirurgie endoscopique du Morton"
"Allongement endoscopique des Gastrocnemiens"
- January 2011 :
 "Curso de Cirugia Percutánea. Universidad Barcelona".
 Director: Dr. Mariano De Prado
Lecture :
"Fascitis plantar.Espolon calcáneo-Tratamiento percutáneo y endoscópico".
- February 2011:Faculty
 "Jornadas de actualización en Cirugía de Pie y Tobillo"
 Director : Dr. J.Curto
Lecture :
"Endoscopic decompression of the intermetatarsal space in Morton syndrome"
- February 2011:
 "Jornadas de pie y tobillo, Enfoque práctico en la patología de pie y tobillo""El pie en el deporte". Directores : Dr. Jorge Muriano y Albert Perez
Lecture:
"Endoscopy Surgical indications in foot and ankle pathology"

- March 2011: Faculty
 "29th SMACOT Congress" (Marrakesh , Morocco)
Round table:
"Update round table organized by the Spanish society (SECMPT)"
Lectures:
"Posterior tibial disfunction 3d degree"
"Posterior tibial disfunction 4th degree"
- April 2011: Speaker
 "XII Curso de técnica quirúrgica del pie" Director Dr.S. Mas Moliné. (Sabadell. Barcelona. Spain.)
Lecture:
"Síndromes compresivos en el pie"
- May 2011: Faculty
 "3d International Congress of Minimally invasive foot and ankle surgery" (Brugge. Belgium.)
Live Surgery :
"Endoscopic Surgery in Morton"
"Gastrocnemius slide"
Symposium , (Round table) Directors Dr. O.Laffenetre and Dr. E. Rabat: **"Metatarsalgia"**
Morning session:
"Morton Disease"
Round Table :
"Morton Mis or Max " : "Endoscopic treatment of Morton syndrome"

Paramedicaux sessions :
"Endoscopic Gastrocnemius lengthening and endoscopic treatment of plantar fasciitis"
"Endoscopic treatment of Morton Sindrome"
- May 2011: Faculty and member of the organizing committee.
 "XLII Curso de enfermedades de los pies" A.Viladot. "XL Jornada de Actualización" (Barcelona, Spain)
Lectures:
"Endoscopia de los gastrocnemius y neuroma de Morton"
"Técnicas mas frrecuentes en cirugía de antepie" Video session
"Endoscopy treatment of plantar Fasciitis"
"Surgical treatment of Diabetic Neurophaty"

- July 2011:
 "Integra Forefoot Days cours" (Lyon. France)
Morton Neuroma session :
"Classification and ethiology"
"Neurolysis : Different techniques, complications and results"
- September 2011: Faculty
 "GRECMIP deja 10 ans" "Chirurgie Mini invasive du pied : Myte ou realité"
Lectures :
"Sindrome de Morton. Technique endoscopique"
"Gastrocnemius : Technique de section endoscopique . Risques"
Workshop cadaver :
"Endoscopic treatment of Morton syndrome"
"Quintus varus deformity. Percutaneous treatment"
- September 2011: Speaker
 "Jornada de complicaciones en cirugía de pie y tobillo"
 Director: P. Fernandez de Retana.
Lecture:
"Complications in flat foot surgery"
- October 2011: Faculty
 "II Curso de Artroscopia de Tobillo y pie" FREMAP. (Sevilla. Spain)
Lecture :
"Endoscopic Gastrocnemious recession"
- October 2011: Speaker
 "Symposium de pie y tobillo : Cirugía de rescate en pie y tobillo"" Directores Dr. Asunción y Dr. Jordi Codina. (Manresa .Spain)
Lectures :
"Forefoot Percutaneous surgery complications"
- November 2011: Faculty
 "Curso Teorico práctico .Técnicas quirúrgicas y vias de abordaje en cirugía del pie" Director Dr. X. Martin
Lectures:
"Endoscopic surgery of the foot (In Morton, Plantar Fascia and Gastrocnemius)"
- Desember 2011: Professor

MASTER DI II LIVELLO IN CHIRURGIA DEL PIEDE

Organized by Prof. Francesco Cancilleri, Prof. Paolo Ronconi -
Docenti nella scuola di specializzazione di Ortopedia e
Traumatologia dell'Università Campus Bio-Medico di Roma .

Lectures :

"Foot Endoscopy . Morton , Fascia and Gastrocnemius"

Workshop in cadaver lab :

***"Endoscopic procedures in Morton, Plantar Fasciitis and
Gastrocnemius lengthening"***.

- January 2012: Faculty
"Curso de Cirugía Percutánea. Universidad Barcelona".
Director: Dr. Mariano De Prado
Lecture :
"Endoscopic Gastrocnemius lengthening"
- January 2012
"II Jornada Gallega de Cirugía de pie y tobillo". (Santiago de
Compostela . Spain) Director Dr. G.Concheiro
Lecture :
***"Short Gastrocnemius. Endoscopic lengthening.
Surgical technique"***
"Clinical case presentation :
"A multioperated case of metatarsalgia"
- March 2012: Faculty
"Journées de Printemps de l' Association Francaise de
Chirurgie du pied (AFCP) (Chamonix, France)
Lectures :
"Topic papers session : Le Syndrome de Morton"
***"Le traitement du Syndrome de Morton par Neurolysi
endoscopique , apropos d'une serie multicentrique de
48 cas revus a 22 mois de recull moyen"***
- April 2012 : Guest-speaker
"Jornadas de actualización en cirugía del pie". Ciudad de
mexico . Mexico. Director : Dr. Luis Hermida
As a faculty speaker in a phone conference lecture :
"Some special clinical cases of metatarsalgia"
- May 2012:
"8ª Jornada de actualización en Cirugía de Pie y Tobillo :
Síndrome de Morton & Gastrocnemios"
Lectures :
Morton session

"History and definition proposal"

"Classification"

"Endoscopic Decompression"

Gastrocnemius session

"Endoscopic Vulpius – Stryer"

- May 2012: Faculty and member of the organizing committee
"XLIII Curso de enfermedades de los pies" A. Viladot
In the "XLI Jornada de Actualización"
"Endoscopic lengthening of the Gastrocnemius"
Lectures:
"Técnicas mas frecuentes en cirugía de antepie" Video session
"Endoscopy treatment of plantar Fasciitis" " Low Tarsal Tunnel Syndrome"
"Surgical treatment of Diabetic Neuropathy"
- June-July 2012 : Faculty
" 4th International foot and ankle course. Arthroscopy and Percutaneous surgery"
(Directors Dr. Pau Golanó and Olivier Laffenette) Cours Theoretical and Cadaver lab.

Theoretical Course Lectures
"Fifth ray deformities : Percutaneous treatment"
"Mis in hard and soft corns"
"A foot an ankle surgeon experience in endoscopic surgery"
Cadaver lab course
Responsible of a students group and "maître d'estage".
Workshop and presentation on cadaver specimen on "***Fifth ray deformities" and in***
" Endoscopic treatment of Morton disease"
Clinical cases presentation on "***Lesser toes deformities"***,
"Metatarsalgia", "Hallux Valgus"
- Sept 2012: Enseignant et maitre de stage
"Cours Annuel de chirurgie mini invasive du pied et la cheville"
(Bordeaux .France) GRECMIP
"Chirurgie percutanée de l'avant pied. 5ème rayon"
"Endoscopies articulaires et extra-articulaires du pied".
- November 2012 : Faculty
"Curso Teorico práctico .Técnicas quirúrgicas y vias de

abordaje en cirugía del pie" Director Dr. X. Martin

Lectures:

"Endoscopic surgery of the foot (In Morton, Plantar Fascia and Gastrocnemius)"

- **INTEGRA Cours** : Integra® Advanced Forefoot Days
Issues, complications and solutions
Integra® Advanced Forefoot Days
Issues, complications and solutions
September 27th & 28 th 2012 – Barcelona, Spain
Cours Director and speaker
- SOFCOT Novembre 2012 : " Symposium AFCP : Le syndrome de Morton " "Historique du Syndrome de Morton" et " Neurolyse endoscopique"
- January 2013: Faculty
"Curso de Cirugía Percutánea. Universidad Barcelona".
Director: Dr. Mariano De Prado
Lecture :
"Endoscopic Gastrocnemius lengthening"
- February 2013:
"II Jornadas de pie y tobillo, Enfoque práctico en la patología de pie y tobillo""El pie en el deporte". Directores : Dr. Jorge Muriano y Albert Perez
Lecture:
" Medial Mechanical Heel pain"
- May 2013: Faculty and member of the organizing committee.
"40 Curso de enfermedades de los pies"A.Viladot."XL Jornada de Actualización" (Barcelona, Spain)
Lectures:
"Mechanic Heel pain"
"Surgical treatment of Diabetic Neuropathy"
"Video presentation: More frequent surgical techniques in foot surgery"
- As a faculty speaker in the "1er curso práctico de cirugía del pie" (Dr. Manuel Ballester.
"Achilles entesopathy"
- June 2013 ,EFAS Specialty Day
14th EFORT Congress. Istanbul. Turkey , as a faculty : "Hallux

Valgus sesión : MIS surgery"

- June 2013 : GRECMIP / MIS Course - Barcelona 2013
As a faculty with presentations on "Hell Pain", "Quintus Varus"
and responsable of a student group and "maitre d' estage".
- Sept 2013: Enseignant et maitre de stage
"Cours Annuel de chirurgie mini invasive du pied et la cheville"
(Bordeaux .France) GRECMIP
"Chirurgie percutanée de l'avant pied. 5ème rayon"
"Endoscopies articulaires et extra-articulaires du pied".
- October 2011: Speaker
"Symposium de pie y tobillo : Cirugía de rescate en pie y tobillo"" Directores Dr. Asunción
Lectures :
"Morton syndrome"
and CASOS CLÍNICOS DEL EXPERTO – SAMUEL BAROUK
Discutidores: Pablo Fernández de Retana, Eduard Rabat,
Antonio Viladot, Jordi Codina, Thibaut Leemrijse
- October 2013 : **BIOMET COURS : SCARF AND WEIL
OSTEOTOMIES**
XX anniversary of Introduction in Europe
Barcelona, Hospital Quirón
As a "Host faculty" and with lectures :
"Percutaneous scarf"
"DMMO"
"Clinical cases" presentation
"saw bone percutaneous scarf"
- October 2013 : **INTEGRA cours** . Poitiers ,France :
"Percutaneous Surgery ". As a organizer and faculty . all the
lectures and cadaver lab by myself and Mariano de Prado MD
- November 2013: Curso Teórico-Práctico. **Técnicas
Quirúrgicas y Vias de Abordaje en Cirugía del Pie**. Dr. L.
MARTIN. "Talalgia
- December 2013: **PANARABIC CONGRES MARRAKESCH
CENTRE** as a invited faculty.
PATHOLOGY OF THE GASTROCNEMIUS
- December 2013: Faculty. **"ENDOSCOPIC GASTROCNEMIUS**

RECESION"

- February 2014: Faculty.
CURSO MONTEACERA MADRID 2014. **"Técnica gr..... en alargamiento sistema ACP. Región media"**.
"Un enfoque totalmente distinto de la talalgia mecánica"
- March 2014: Faculty.
Germany Minimal Invasive Surgery. Münster 27-03-2014
"MIS Surgery Complications"
"Distal Metatarsal Minimal Invasive Osteotomy."
- April 2014, 24th-25th .
"INTEGRA. Foot and Ankle Surgery. The first steps". As al Faculty Speaker and Co-director of the Course.
- May 2014:
"45° CURSO DE ENFERMEDADES DE LOS PIES" as a Faculty.
"Pie diabético"
"Talgia mecánica Postero-medial"
"Sesión de Videos"
- June 2014:
EFFORT SYMPOSIUM as a Invited Speaker.
"Adult Flat Foot: Indications of Arthrodesis".
"Moderator in Clinical Cases Sesions"
- June 2014:
Congreso de la Sociedad Española de Cirugía del Pie (SECMPT) as a Speaker in the Round Table.
"Sistema Aquileo Calcáneo plantar"
"Exploración del SACP, clínica y estudios complementarios"
- June 2014:
"Heel Pain Meeting" Hospital Quirón Barcelona.
"International Meeting as a Director and Speaker in many of the lectures".
- July 2014:
6th International Foot and Ankle Minimally Invasive Surgery Course.
Lectures as a Faculty:
"Toes Deformities".

"Metatarsalgia".
"Plantar Fasciitis: Endoscopic Technique".

- July 2014:
"Lectures as a Faculty in the INTEGRA Course Madrid"
"Cadaver Lab Extremity reconstruction"
"Fifth Toe Deformities"
"Bunionette"
"Calcaneal Spur"
"Achilles Tendon Rupture"
"Workshop in Cadaver Lab."
- September 2014:
13^{ème}. Course annuel de Base du GRELMIP. Bordeaux
17-18-19 Sept.
"DMMO – Allongement endoscopique des Gastrocnémiens"
Techniques opératoires.
"Syndrome de Morton" Technique e indications.
- October 2014:
"**10th EFAS INTERNATIONAL CONGRESS**". Barcelona.
Spain. Round Table MIS and Open Techniques in the forefoot.
- October 2014:
"**Symposium de Pie y Tobillo. Dr. Jordi Asunción**".
"Endoscopic Plantar Fasciotomy indications"
- November 2014:
"**Curso de POSTGRADO DE LA UNIVERSIDAD DE BARCELONA**". Vías de abordaje y técnicas quirúrgicas en cirugía del pie y tobillo.
Lecture: "Talgias"
- November 2014:
"**Italian Foot and Ankle Minimally Invasive Course**"
Cadaver Lab. Padova. Italy.
"Toes deformities"
"5th Toe Deformities"
"Cadaver Lab Workshop"
- November 2014:
EFORT INSTRUCTIONAL COURSE. 28-29 Nov. Lausanne.
SW."Live Surgery. Percutaneous Chevron".

- February 12-13, 2015:
"III Jornadas de Pie y Tobillo (Dr. J. MURIANO y Dr. A. PÉREZ). As a Faculty Speaker: "Fascitis Plantar – MI Opción Quirúrgica".
- March 2015:
"Speaker Invitation for lecturing in Spain" for a SAUDI ARABIA Meeting (ROFENAC)
- May 2015:
"INTEGRA 2nd International Orthopedics and Technologic Symposium". "Welcome to Barcelona" as a Invited Speaker.
 "46^o Curso de Enfermedades de los pies". Dr. A. VILADOT "Pie diabético
 Talalgia postero-medial
 Sesión de videos
 "16th EFORT CONGRESS. PRAGA CZECH REPUBLIC. 27-29 May".
 Endoscopic Gastro-Soleo.
 Lengthening: 2 PORTALS (28 May). Speaker in Specialty Society Sessions
 Heel Pain
 Percutaneous and Endoscopic Treatment. Speaker in Symposium (29 May)
- June 2015:
"INTEGRA MINIMAL INVASIVE FOOT SURGERY. COURSE DIRECTED BY DR. MARIANO DE PRADO. 25-26 June. MADRID. SPAIN".
 As a Guest Speaker:
 Fifth Toe Deformities
 Bunionette
 Calcaneal Spur
 Achilles Tendon Rupture
 Practical Sessions: Cadaver Lab.
- July 2015:
"4th INTERNATIONAL CONGRESS OF FOOT AND ANKLE MINIMALLY INVASIVE SURGERY". 2-3 July, 2015.
 Barcelona. Spain.
 As a Faculty Speaker:
 Round Table: Plantar Fascitis Treatment
 Endoscopic Treatments

Round Table: Gastrocnemius Recession: Endoscopic Lengthening.

Free Papers:

Endoscopic Morton's Intermetatarsal Neuroma

Decompression:

A retrospective Multicenter Study of 52 cases at 26 months follow up.

Dr. E. Rabat, Dr. C. Paressant, Dr. O Laffenette.

- September 2015:
"14ème. COURS ANNUEL DE BASE DU GRECMIP".
16-17-18 Septiembre 2015. BORDEAUX. FRANCE.
As a "Conferencier":
Chirurgie Percutanée du 1ère. rayon: SCARF PERCUTANÉ.
Syndrome de MORTON: Technique et indications. Workshop cas cliniques.
- November 2015:
"Técnicas quirúrgicas y Vías de abordaje en Cirugía de pie y tobillo".
Curso Superior Universitario. Director: Dr. XAVIER MARTIN OLIVA.
As a Faculty Speaker: "Talalgias".
- December 2015:
"EFAS ADVANCED SYMPOSIUM".
Difficult Scenarios and Controversias. 4-5 December, 2015. GENOA. IT.
As a Faculty Speaker: "Sesión 2: Arthritis in the Forefoot Lesser MTPJ ARTHRITIS".
As a Faculty Speaker: "Is Fusion Indicated?"
- April 2016:
I CURSO DE TÉCNICAS QUIRÚRGICAS. TENDÓN DE AQUILES Y TRÍCEPS SURAL.
Teoría: "Influencia de los Gastrocnemios en la patología aquilea. Liberación de gastrocnemios como técnica asociada. Indicaciones."
Práctica: "Cirugía endoscópica de alargamiento de gemelos en 1/3 medio de la pierna. (Niveles 2-3)

PUBLICATIONS

PUBLISHED BOOKS CHAPTERS

- **“Tratado De Cirugia”. Prof.Balibrea**
Chapter: Pie plano.
Viladot Pericé y E. Rabat
- **“Chirurgie mini-invasive et percutanée du pied”.**
Ed.Sauraps Medical
Chapter 16: Traitement percutané des déformations du 5ème rayon. E.Rabat et O.Laffenetre.
- **“20 lecciones sobre patologia del pie”.** A. Viladot Voegeli.y Ramon Viladot Pericé. Ed Mayo.
Chapters:
Cirugia endoscópica del pie.
Cirugia percutanea del pie.
- **“Gastrocnemio Corto. De la Anatomía al tratamiento”.**
Ed. Sauramps.
L.S. Barouk et P. Barouk. (Versions in English, French and Spanish)
*Chapter:*Alargamiento endoscópico del gastrocnemio. E. Rabat.(p.291)
- **“Arthroscopies et endoscopies de la cheville et du pied”.**
GRECMIP. Ed Sauramps Medical.
Chapters:
Traitement endoscopique apnevrosite plantaire.
Allongement endoscopique du Gastrocnemien.
Traitement endoscopique du Syndrome du Morton.
- **“Arthroscopies et endoscopies de la cheville et du pied”**
GRECMIP. Direction Scientifique Dr. Thomas Bauer et Dr. Olivier Laffenette.
Ed. Sauramps Medical 2010.
Chapter 6.3
Décompression endoscopique de l’espace interdigital dans le Syndrome de Morton.
Dr. E. Rabat. Dr. F. Ismael. Dr. R. Viladot.
Chapter 6.6

Allongement Endoscopique des Gastrocnémiens.
E. Rabat. F. Ismael. P. Golanó.

- **“Chirurgie Mini-Invasive et Percutanée du Pied”**
2ème Edition
Direction: Cyrille Cazeau
GRECMIP
Ed. Sauramps Medical 2015
Chapter 23
Bunionnette: Chirurgie Percutanée. Pag. 247. Dr. E. Rabat
Chapter 24
Traitement percutané des déformations du cinquième rayon
(à l'exception de la Bunionnette) Pag. 257
E. Rabat. O. Laffenette.
- **“Gastrocnemios Cortos de la Anatomía al Tratamiento”**
Dirección: Dres. L.S. & P. Barouk.
Sauramps Medical 2012. Ediciones en Español y Francés.
Capítulo: “Tratamiento Quirúrgico”
- **Alargamiento endoscópico del Gastrocnemio.** Pág. 351
E. Rabat
- **“Pathologie du Pied et de la Cheville (2ème Édition)”**
Thibaut Leemrisje.
Jean-Luc Besse
Bernhard Devos Bevernaje
Bernard Valtin
Elsevier Masson 2015
Chapitre 6: Hallux Valgus
Ostéotomies distales percutanées du premier rayon: chevron
et scarf avec matériel d'ostéosynthèse. Pág. 159.
Dr. E. Rabat. Dr. M. Del Prado.
Chapitre 13: Metatarsalgies Latérales, Pathologie Du
Cinquième Rayon. Pag. 240.
Ostéotomie Distale Percutanée des Metatarsiens Latéraux
(DMMO).
M. Del Prado. E. Rabat.
Chapitre 15: PATHOLOGIE DES ORTEILS: CLINIQUE ET
TRAITEMENT CHIRURGICAL. Pag. 315.
Traitement Percutanée des déformations des Orteils Latéraux.
Pag. 329.
M. Del Prado. E. Rabat
- **“Practical Pain Management”**

For the Lower Extremity Surgeon. Editor: Stephen L. Barret, DPM.

Chapter 21: Morton's Syndrome. Pag. 259

E. Rabat. J. Vega

- **"L'Arthroscopie"**
Societè Française d'arthroscopie.
Coordination: Jean-François Potel. Christophe Hulet
Chapitre 132: "Traitement endoscopique du Syndrome de Morton" Pag. 1308
E. Rabat. J. Vega. P. Determe.
Chapitre 133: "Traitement endoscopique de la Fasciitis Plantaire" Pag. 1315.
E. Rabat. J. Vega. P. Determe.

PUBLISHED PAPERS

- **"Fibrodisplàsia Osificante progresiva. A propósito de un caso"** (Revista S.E.C.O.T)
- **"The growth of the first metatarsal bone"**. Foot Ankle. 1980; 1(2): 117-122. Rochera R, Rabat E.
- **"Descompresión Endoscópica del espacio interdigital en el Síndrome de Morton."** Revista del Pie y Tobillo. Edición online." Sociedad Española de Cirugía del Pie y Tobillo. E.Rabat. Pau Golanó

Endoscopic Decompression of Intermetatarsal Nerve (EDIN) for the Treatment of Morton's Entrapment— Multicenter Retrospective Review* Stephen L. Barrett¹, Eduard Rabat², Maria Buitrago³, Vincent P. Rascon⁴, P. David Applegate⁵

¹College of Health Sciences, Midwestern University, Glendale, USA; ²Hospital Quiron, Barcelona, Spain; ³Private Practice, Houston, USA; ⁴Private Practice, Midland, USA; ⁵College of Health Sciences, Midwestern University, Glendale, USA.

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doi:10.4236/ojo.2012.22004 Published Online June 2012
(<http://www.SciRP.org/journal/ojo>) 19

- Monographie AFCP n°9 :Journée de Spécialités. SOFCOT 2013.
 "Le Nevrome de Morton" Symposium 2012. **Sauramps medical**
 Chapters :
"Histoire du Neurome de Morton"
"Techniques chirurgicales . Neurolyse endoscopique"
- **All-inside Arthroscopic Lateral Collateral Ligament Repair for Ankle Instability With a Knotless Suture Anchor Technique.** Jordi Vega, Pau Golanó, Alexandro Pellegrino, Eduard Rabat and Fernando Peña. **Foot and Ankle international (FAI)**
- **The tarsal tunnel syndrome Das Tarsaltunnelsyndrom**
 Mariano De Prado , Manuel Cuervas-Mons, Pau Golanó, Eduard Rabat, Javier Vaquero. Fuß & Sprunggelenk 13 (2015) 227—236